



*"I was a model patient today for my 4th time. I can honestly say this is the best academy I have been a patient for, I can tell their teaching is very in-depth and they honestly take care of you so well. I will definitely be returning!!" - JS, Model Patient, 2021*

### Need help?

In the case of a medical emergency and the very unlikely event that you develop severe problems or complications following treatment, please attend A+E. When you are able, please update and contact the team at Acquisition Aesthetics and we will be happy to communicate with the hospital team to update them on what treatment you may have received with us.

If you have any concerns that do not classify as a medical emergency, contact us at [models@acquisitionaesthetics.co.uk](mailto:models@acquisitionaesthetics.co.uk) or by phone. We endeavour to reply to any emails within the same working day, and will triage your communication into either a telephone consultation from one of our clinical team or a formal review in person.

Treatment effects vary due to anatomical and metabolic differences in each individual. As a general guideline, most model patients should anticipate immediate visible effects with dermal filler treatments, although it may take up to 10-14 days for any bruising to fully settle.

Please wait until at least 14 days after treatment before contacting us with any non emergency queries (e.g asymmetries, lumps, bumps) relating to the effectiveness of your procedure so that the full effects can be appropriately assessed.



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[www.acquisitionaesthetics.co.uk/become-a-model/](http://www.acquisitionaesthetics.co.uk/become-a-model/)



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## Acquisition Aesthetics

Patient Aftercare

Dermal Fillers



INDEPENDENT TRAINING  
PROVIDER OF THE YEAR

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## What are dermal fillers?

Dermal fillers are a naturally occurring, hyaluronic acid based gels that can be used to reduce deep lines and wrinkles, fill hollows and smooth facial contours, as well as adding or restoring volume to areas such as the lips or cheeks.

Some of the benefits of dermal fillers include:

- Immediate results
- Restoration of volume
- Minimal downtime
- Less invasive than cosmetic surgery
- Last for 9-18 months (depending on the product used and site of treatment)

Some of the common treatment zones include:

- Tear troughs (dark circles under the eyes)
- Reduction of deep wrinkles (nasolabial folds, marionette lines)
- Lip enhancement
- Cheek bone formation
- Define and enhance facial contours e.g. jawline, chin
- Non-surgical rhinoplasty (nose job)
- To improve tone, texture and hydration of the skin

## What is hyaluronic acid and how does it work?

Hyaluronic acid is a naturally occurring sugar chain molecule found in all skin and soft tissues throughout the body. It attracts and binds water in the skin, providing volume and hydration, but also 'cushioning' and supporting collagen and elastin fibres and providing a medium, or carrier, for chemical messages between the cells.

## Risks and Complications

The following risks may occur and your practitioner will consent you fully before treatment. They include but are not limited to;

- Following injection it is typical to expect some mild discomfort, swelling, bleeding, bruising (of the treatment area and surrounding area) along with some minor redness.
- Typically these symptoms resolve with in 1 week of treatment. A 15% swelling is to be expected for the first 7 days, this will be most significant in the first 48 hours.
- Initially there may be some 'lumpiness' or asymmetry of the treatment area - these would be expected to resolve spontaneously in the following 2-3 weeks after treatment.
- It may not be possible to correct any existing asymmetry that is noted pre treatment and this may still be present after treatment.

Other less common reactions have been reported:

- Localised hypersensitivity reactions causing swelling at the injection site
- Risk of post treatment infection
- Filler migration
- Granuloma formation

Very uncommon:

- Intravascular injection resulting in tissue necrosis that may result in a reduction of blood supply to the area
- Risk of loss of sight
- Delayed onset nodules or granulomas

## What results can I expect?

Results are immediate although the product hydrates over time which provides a small degree of additional volume enhancement. You will likely have some initial bruising / swelling after treatment which will settle over 1-2 weeks.

The dermal fillers used are temporary and will be broken down by the body naturally after time. Results last anywhere between 9 – 18 months depending on the type of dermal filler used, and where they are injected. At Acquisition Aesthetics, we use the very best dermal filler products on the market.

## After treatment

- You should avoid touching or applying makeup to the treatment area for eight hours following treatment.
- No alcohol for 24 hours.
- Avoid physical exercise for at least 48 hours.
- Extreme temperatures should be avoided for 24 hours, and you should try to stay out of the sun and avoid UV exposure for at least four days after your treatment.
- It's really important that you don't roll or massage the treatment area, it's completely normal for dermal fillers to feel 'lumpy' within the first few weeks after treatment.
- You shouldn't take aspirin, ibuprofen or other non-steroidal anti-inflammatories (unless they are part of your regular medications) as this can actually increase the risk of bruising.

